

## Professional Disclosure Statement

**Melinda Sabby, MA, NCC, LPCC**  
**School Counselor**  
**Clear Sky Elementary**  
**1470 Clear Sky Way**  
**Castle Rock, CO 80109**

### Introduction

As the school counselor at Clear Sky Elementary, my role is to support the academic, social-emotional, and career development of all students. I provide counseling services in accordance with the ethical standards set by the American School Counselor Association (ASCA) and the Colorado Department of Education (CDE).

### Education & Credentials

- Master of Arts – Counseling Psychology and Counseling Education, University of Colorado Denver
- School Counseling Endorsement, University of Colorado Colorado Springs
- Colorado Board of Licensed Professional Counselor Candidate (LPCC #0021890)
- Nationally Certified Counselor (NCC #95280)

### Professional Memberships and Ethical Guidelines:

- American Counseling Association (ACA)
- American School Counseling Association (ASCA)
- Colorado Counseling Association (CCA)
- Colorado School Counseling Association (CSCA)
- National Board of Certified Counselors (NBCC)

### Counseling Services

Clear Sky Elementary offers a comprehensive school counseling program that includes:

- Individual Counseling – Short-term, solution-focused support for students facing personal, academic, or social challenges.
- Group Counseling – Small-group sessions on topics such as study skills, self-regulation, peer relationships, and stress management.
- Classroom Lessons – Developmentally appropriate guidance lessons aligned with Colorado Academic Standards and ASCA Mindsets & Behaviors.
- Crisis Intervention – Immediate support and referrals for students experiencing crises.
- Collaboration & Consultation – Working with teachers, parents, and outside professionals to support student success.

## Confidentiality & Limits

Confidentiality is essential to the counseling process, and I strive to create a safe space for students to share their concerns. However, confidentiality has limits:

- If a student is in danger of harming themselves or others
  - If there is suspected abuse or neglect
  - If I am legally required to disclose information
- In these cases, I am mandated to report to appropriate authorities in compliance with Colorado state laws.

## Parental Involvement

While student confidentiality is respected, I encourage parental involvement in a child's social-emotional growth. I may share general concerns and strategies with parents while maintaining student trust.

## Referrals

For concerns that require long-term counseling or specialized support, I can provide referrals to community mental health professionals and other resources available in Colorado.

## Contact & Availability

I am available during school hours and can be reached at [msabby1@dcsdk12.org](mailto:msabby1@dcsdk12.org) or 303-387-5910. If you have concerns about your child's well-being, please don't hesitate to reach out.

Your signature indicates that you have read this professional disclosure statement and consent to counseling services for your child.

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Client

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Melinda Sabby