Melinda Sabby

Compassionate counselor dedicated to the positive direction of students' emotional and educational needs. An active advocate for successfully steering students toward their educational and life goals.

345 Yucca Hills Rd (303) 475-8405 melinda.sabby@sabby.us

EXPERIENCE

School Counselor-Clear Sky Elementary, DCSD, Castle Rock, CO August 2024 – present

ASCA aligned Comprehensive School Counseling Program creation:

- Provide individual and group counseling to students, addressing academic, emotional, and social concerns to foster a positive school environment.
- Lead classroom guidance lessons focused on character education, bullying prevention, and social-emotional learning.

MTSS team member:

 Collaborate with educators and staff to implement Multi-Tiered Systems of Support (MTSS), utilizing data-driven interventions to support student academic, behavioral, and social-emotional growth.

Data Collection & Analysis:

- Gathered, organized, and analyzed data to inform decision-making, track student progress, and support targeted interventions within educational settings.
- Conduct assessments and developed personalized intervention plans to support students' academic and personal growth.

Crisis Intervention & Counseling:

 Managed crisis situations and provided immediate counseling support to students in distress, ensuring their safety, emotional stability, and access to appropriate resources.

Educational Assistant-Clear Sky Elementary, DCSD, Castle Rock, CO August 2023 – May 2024

- Provide individual and group teaching and counseling services to accommodate the needs of students struggling with sensory and emotional challenges
- Mediate conflicts to help support problem resolution by teaching social skills, autonomy skills, and self-management techniques
- Collaborate with school counselor, school psychologist, teachers, and other school resources to meet student needs

Adaptive Riding and Head Walker Volunteer - Promise Ranch Therapeutic Riding Center, Parker, CO

November 2020-present

- Implement therapeutic and educational activities in an equine-assisted services setting
- Define and align goals for riders and therapists in adaptive riding and hippotherapy

Learning Coach-Connections Academy, CO

Fall 2021- Spring 2023

- Implement online curriculum for my 4th& 8th grade students
- Review assignments, provide feedback, and administer tests
- Adjust learning plans to individual students

CREDENTIALS

UCCS School Counseling endorsement, applied Initial Special Services License

MA Counseling Psychology and Counselor Education: Marriage and Family Counseling

NCC - Nationally Certified Counselor

Substitute Teacher Authorization K-12 - 2023-2028

MEMBERSHIPS

ASCA, CSCA, NBCC, CCA

SKILLS

- Data Collection and analysis to inform and improve practices
- Expertise in conflict resolution and mediation
- Develop and implement innovative programs to enhance social emotional learning comprehension
- Coordination of family, community, and school relationships to encourage student growth

PRACTICUM AND INTERNSHIP

Practicum - University of Colorado at Denver Counseling

Center- May- August 2004

Intern- Aurora Mental Health, Early Childhood Center- August-December 2004

Educational Assistant-Pioneer Elementary, DCSD, Parker, CO

Fall 2000 - Spring 2002

- Assisted teachers in their learning goals for grades K-6th
- Substituted for teachers and assisted with students assignments and learning
- Worked one on one with struggling students as part of a team

Lead Preschool Teacher-Primrose School of Parker, Parker, CO

1999 - 2000

EDUCATION

University of Colorado Colorado Springs, Colorado Springs, CO – Endorsement in School Counseling

University of Colorado at Denver, Denver, CO— MA Counseling Psychology and Counselor Education: Marriage and Family Therapy
Fall 2002 - Graduated December 2004

National Certified Counselor May 2005-present

University of Colorado at Denver, Denver, CO— Teacher Certification Post Edu: Early Childhood Special Education

Fall 1999 - Spring 2002

Adams State College, Alamosa, CO - BS Bus Admin/Office Mgmt. August 1993 - Graduated Bachelor of Science December 1996